



# Hotel du Lac Beauty & Wellness

## Massage

<b>Aroma Massage</b> 80 min.	€100
With very ancient origins, this treatment aims to harmonize body, mind, and spirit. Thanks to the use of essential oils, it is one of the most effective natural methods to relieve stress and tension, promoting deep relaxation	
<b>"Art reum" massage</b> 50 min.	€80
A targeted massage designed to release muscle contractures and deep tension. Ideal for those suffering from stiffness and localized pain. Promotes muscle recovery and improves mobility	
<b>Swedish Massage</b> 50 min.	€70
A classic technique combining relaxing and toning movements. Improves circulation, relieves tension, and provides an overall sense of well-being.	
<b>Sensory candle ritual</b> 50 min.	€80
An enveloping multisensory experience: the warmth of melted candle wax nourishes the skin while fragrances relax the mind, creating a moment of pure wellness	
<b>Udara Abdominal Ritual</b> 50 min.	€70
A specific treatment for the abdomen and hips, ideal for rebalancing and relaxing the abdominal area. Stimulates circulation, improves intestinal well-being, and relieves deep stress and tension.	
<b>Draining Massage</b> 50 min.	€70
Designed for those who feel heavy and fatigued, this massage stimulates vital flow and helps eliminate excess fluids and toxins. Reactivates lymphatic circulation, lightens the legs, and makes the skin firmer and brighter	
<b>Hot stone</b> 50 min.	€80
A massage with warm lava stones for a deeply relaxing effect. The heat penetrates tissues, relieving contractures, improving circulation, and boosting metabolism. Purifies the skin and promotes detoxification, leaving the body light and the mind deeply relaxed.	
<b>Coco Scrub</b> 30 min.	€45
Illuminating and nourishing coconut body scrub. Gently exfoliates, leaving the skin soft and ready for an even, long-lasting tan. It is recommended to complete the treatment with a massage.	

## Partial Body Rituals

<b>Light Legs Massage</b> 30 min.	€45
A cooling, draining ritual for tired and heavy legs. Reduces swelling and lymphatic stagnation, improves circulation, and promotes fluid elimination, providing immediate relief and lightness	
<b>Back Wellness</b> 30 min.	€45
Localized massage to relieve tension and stiffness in the back and lumbar area. Ideal for those suffering from back pain or poor posture.	
<b>Facial Massage</b> 30 min.	€40
A relaxing treatment that stimulates circulation, smooths facial features, and gives brightness and freshness to the face.	





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## Facial Treatments

<b>Dep Facial Cleansing</b> 80 min.	<b>€80</b>
A deep cleansing treatment that purifies the skin. Steam helps open the pores, facilitating the removal of impurities and leaving the skin clean and balanced	
<b>Purifying &amp; Brightening Treatment</b> 50 min.	<b>€70</b>
Ideal for restoring radiance to the complexion. Deeply purifies the skin and provides an immediate glow effect, leaving the face fresh and radiant	
<b>Timeless Treatment with Chakra Cleansing</b> 50 min.	<b>€90</b>
A complete anti-aging treatment combining skincare benefits with deep energetic balance through chakra work. Ideal for those seeking an experience involving body, mind, and spirit.	
<b>Bio-Revitalizing Treatment</b> 50 min.	<b>€80</b>
Revitalizes and regenerates the skin, improving tone and elasticity. Ideal for dull and stressed skin in need of new energy.	
<b>Hydrating Ritual for Sensitive Skin</b> 50 min.	<b>€80</b>
Perfect for delicate, redness-prone skin. Provides soothing and refreshing action, deeply nourishes, and restores balance, protection, and comfort.	

## BEAUTY

<b>AESTHETIC MANICURE</b> 50 min ca.	<b>€30</b>
Aesthetic treatment of the nails with cutting, cleaning and application of protective nail polish.	
<b>MANICURE LUXURY</b> 80 min ca.	<b>€50</b>
Aesthetic treatment with scrub, mask and hand massage, cutting, cleaning and application of protective nail polish.	
<b>NAIL POLISH APPLICATION.</b> 20 min ca.	<b>€10</b>
Hands or feet	
<b>PEDICURE</b> 60 min ca.	<b>€40</b>
Aesthetic treatment of the nails with cutting, cleaning and application of protective nail polish.	
<b>PEDICURE LUXURY</b> 80 min ca.	<b>€55</b>
Aesthetic treatment with scrub, mask and foot massage, cutting, cleaning and application of protective nail polish.	

### WAXING HAIR REMOVAL

- Groin | €20
- Eyebrows | €8
- Labial | €5
- Axillary | €15
- Arms | €20
- Halfleg | €25
- Wholeleg | €30
- Wholeleg and groin | €35



### WELLNESS TIPS

- For a complete experience: Body scrub + massage
- For a detox effect: Draining massage + Light legs ritual
- For total relaxation: Aroma massage + facial treatment